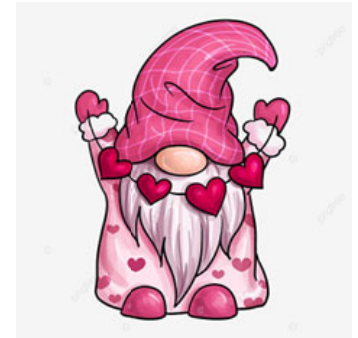




## Assisted Living February Special Days



**Groundhog Day**  
*Spring or Winter*  
February 2<sup>nd</sup>

**Garrett Mabe Music**  
*Lobby*  
February 4<sup>th</sup> at 2:30 PM

**Tiffany Day**  
*Wear something blue*  
February 6<sup>th</sup>

**Super Bowl Sunday**  
*Wear football attire (NBC)*  
February 8<sup>th</sup> at 6:30 PM

**Larry Gray Sing Along**  
*Lobby*  
February 11<sup>th</sup> at 2:30 PM

**Wine Pairing**  
*Happy Hour in Lobby*  
February 12<sup>th</sup> at 2:30 PM

**Valentine's Day**  
*Wear something pink/hearts*  
February 14<sup>th</sup>

**President's Day**  
*Wear patriotic colors*  
February 16<sup>th</sup>

**Resident Council**  
*Kershner Room*  
February 17<sup>th</sup> at 10:30 AM

**Garrett Mabe Music**  
*Lobby*  
February 18<sup>th</sup> at 2:30 PM

**Larry Gray Sing Along**  
*Lobby*  
February 25<sup>th</sup> at 2:30 PM

**Safari Day**  
*Wear animal print*  
February 26<sup>th</sup>

## Assisted Living Daily Programs

### 10:30 a.m. Wellness Workout

Exercise program to maintain range of motion.

### 11:00 a.m. Daily Discoveries

Keep posted on weather, events, and news.

### 1:30 p.m. Bunny Visits

Welcome our new foster bunny, “Dumbo!” He’s a Netherland Dwarf breed, about 1 year old!

### 2:30 p.m. Activity Program

Sunday: Devotions/Hymn Sing

Monday: Art Experience (Art Room)

Tuesday: Bingo (Kershner Room)

Wednesday: Music Entertainment (Lobby)

Thursday: Church Service (5<sup>th</sup>/19<sup>th</sup>)/Manicures

Friday: Shabbat Service

Ice Cream Social

Saturday: Musical Memories

### 4:00 p.m. Catholic Service (Wednesdays)

*Eastern Shore Garden Room*

Catholic service provided by a lay minister.

**The Recreation Team will continue to inspire meaningful engagement in your day!**

*Welcome to:*



### *Meet the Recreation Department*



#### **Megan Price**

Director of Recreation

mbeane@copperridgecenter.com

410-795-8808 ext. 1149

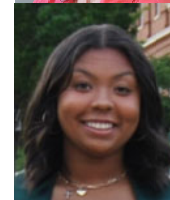


#### **Beth Ream**

Recreation Assistant (Part-Time)

recreation@copperridgecenter.com

410-795-8808 ext. 1178



#### **Kayonna Cook**

Recreation Assistant (Full-Time)

recreation@copperridgecenter.com

410-795-8808 ext. 1178



#### **Lisa Thomas**

Recreation Assistant (Part-Time)

recreation@copperridgecenter.com

410-795-8808 ext. 1178

*Recreation Assistant PRN (as needed):*

**Bailey Frankel**

## Assisted Living February 2026 Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Devotional	<b>2</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Craft (AR)	<b>3</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Bingo (KR)	<b>4</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Garrett Mabe (L) 4:00 Catholic Service	<b>5</b> 10:30 Ancestry Class 2:30 Church Service (KR)	<b>6</b> 10:30 Walking Group 11:00 Daily Discoveries 2:30 Shabbat Service 3:30 Ice Cream Social	<b>7</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Music Memories
<b>8</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Devotional	<b>9</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Craft (AR)	<b>10</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Bingo (KR)	<b>11</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Larry Gray (L) 4:00 Catholic Service	<b>12</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Wine Tasting (KR)	<b>13</b> 10:30 Walking Group 11:00 Daily Discoveries 2:30 Shabbat Service 3:30 Ice Cream Social	<b>14</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Music Memories
<b>15</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Devotional	<b>16</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Craft (AR)	<b>17</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Bingo (KR)	<b>18</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Garrett Mabe (L) 4:00 Catholic Service	<b>19</b> 10:30 Ancestry Class 2:30 Church Service (KR)	<b>20</b> 10:30 Walking Group 11:00 Daily Discoveries 2:30 Shabbat Service 3:30 Ice Cream Social	<b>21</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Music Memories
<b>22</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Devotional	<b>23</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Craft (AR)	<b>24</b> 10:30 Resident Council (KR) 11:00 Daily Discoveries 2:30 Bingo (KR)	<b>25</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Larry Gray (L) 4:00 Catholic Service	<b>26</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Cooking Class	<b>27</b> 10:30 Walking Group 11:00 Daily Discoveries 2:30 Shabbat Service 3:30 Ice Cream Social	<b>28</b> 10:30 Wellness Workout 11:00 Daily Discoveries 2:00 Music Memories

**Director of Recreation**

**(ext. #1149)**

**Activity Office (ext. #1178)**

• **Programs held in the Assisted Living Garden Room, unless otherwise noted**

• **Salon Services offered on Thursdays, see receptionist to make an appointment!**

• **L= Lobby, DD= Delmarva Den, DR= Dining Room, KR= Kershner Room, AR= Art Room, CY= Courtyard**

**\*Activities and their location are subject to change based on facility's current COVID-19 outbreak policies**