

Baltimore House February 2026 Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30 Wellness Workout (AL) 11:00 Daily Discoveries (AL) 2:30 Devotional (AL)	2 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Manicures	3 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Bingo (KR)	4 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Garrett Mabe (L) 5:00 Catholic Service	5 11:00 Wellness Workout 11:30 Daily Discoveries 2:00 Church Service (KR)	6 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Friends Friday 3:00 Ice Cream Social	7 10:30 Wellness Workout (AL) 11:00 Daily Discoveries (AL) 2:30 Music (AL)
8 10:30 Wellness Workout (AL) 11:00 Daily Discoveries (AL) 2:30 Devotional (AL)	9 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Manicures	10 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Bingo (KR)	11 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Larry Gray (L) 5:00 Catholic Service	12 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Wine Tasting (L)	13 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Friends Friday 3:00 Ice Cream Social	14 10:30 Wellness Workout (AL) 11:00 Daily Discoveries (AL) 2:30 Music (AL)
15 10:30 Wellness Workout (AL) 11:00 Daily Discoveries (AL) 2:30 Devotional (AL)	16 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Manicures	17 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Bingo (KR)	18 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Garrett Mabe (L) 5:00 Catholic Service	19 11:00 Wellness Workout 11:30 Daily Discoveries 2:00 Church Service (KR)	20 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Friends Friday 3:00 Ice Cream Social	21 10:30 Wellness Workout (AL) 11:00 Daily Discoveries (AL) 2:30 Music (AL)
22 10:30 Wellness Workout (AL) 11:00 Daily Discoveries (AL) 2:30 Devotional (AL)	23 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Manicures	24 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Bingo (KR)	25 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Larry Gray (L) 5:00 Catholic Service	26 11:00 Wellness Workout 11:30 Daily Discoveries 2:30 Cooking Class	27 10:30 Wellness Workout 11:00 Daily Discoveries 2:30 Friends Friday 3:00 Ice Cream Social	28 10:30 Wellness Workout (AL) 11:00 Daily Discoveries (AL) 2:30 Music (AL)

Director of Recreation (ext. #1149)

Activity Office (ext. #1142)

• **Programs located in The “Low Side” Dining Room unless otherwise noted**

• **Salon Services offered on Thursdays, see receptionist to make an appointment!**

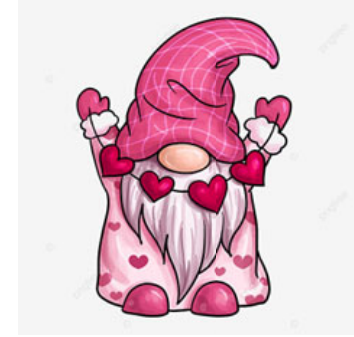
* **ESH= Eastern Shore House/Ground Floor (accessed utilizing the elevator)**

***AL= Assisted Living Facility *L= Lobby* KR= Kershner Room**

****Activities and their location are subject to change based on facility's current COVID-19 outbreak policies***



Copper Ridge February Special Days



Groundhog Day
Spring or Winter
February 2nd

Garrett Mabe Music
Lobby
February 4th at 2:30 PM

Tiffany Day
Wear something blue
February 6th

Super Bowl Sunday
Wear football attire (NBC)
February 8th at 6:30 PM

Larry Gray Sing Along
Lobby
February 11th at 2:30 PM

Wine Pairing
Happy Hour in Lobby
February 12th at 2:30 PM

Valentine's Day
Wear something pink/hearts
February 14th

President's Day
Wear patriotic colors
February 16th

Garrett Mabe Music
Lobby
February 18th at 2:30 PM

Resident Council
Garden Room
February 24th at 10:30 AM

Larry Gray Sing Along
Lobby
February 25th at 2:30 PM

Safari Day
Wear animal print
February 26th

Daily Programs

9:30 a.m. Bunny Visits (Mondays/Fridays)

Opportunity to pet and have an interactive experience with our Copper Ridge bunny. Welcome to our new foster bunny, “Dumbo!” He’s a Netherland Dwarf breed, about 1 year old!

11:00 a.m. Daily Discoveries

Keep posted on weather, events, and news. Zumba class on the 2nd & 4th Thursday of the month!

10:30 a.m. Monthly Resident Meeting(s)

Grief Group (Jessica): 1st Monday of the month
Resident Council: Last Tuesday of the month

2:30 p.m. Activity Programs

Sunday: Devotions/Hymn Sing

Monday: Manicures

Tuesday: Bingo

Wednesday: Music Entertainment

Thursday: Church Service on the 5th & 19th (KR)

Friday: Ice Cream Social

Shabbat Service (Assisted Living)

Saturday: Trivia

4:00 p.m. Catholic Service (Wednesdays)

Catholic service provided by a lay minister.

Programs occur in Eastern Shore Garden Room

The Recreation Team will continue to inspire meaningful engagement in your day!

Welcome to:



Meet the Recreation Department



Megan Price

Director of Recreation

mbeane@copperridgecenter.com

410-795-8808 ext. 1149



Cori Brodsky

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Emma Miller

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Kayonna Cook

Recreation Assistant (Full-Time)

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Recreation Assistants PRN (as needed):

Bailey Frankel